

### **Abstract**

A restraint mechanism for a set of handcuffs, the handcuffs including  
5 a pair of openable bracelet sections, each of the bracelet sections including  
a locking mechanism for opening and closing a bracelet section. The  
bracelet sections are tethered together by a linkage that includes a restraint  
mechanism that permits a bracelet section to be rotated about an axis  
extending through the linkage and the bracelet sections so as to rotate said  
10 bracelet section in a first rotational direction to a predetermined angular  
position, but in which the bracelet section is prevented from movement in a  
second reverse rotational direction once the predetermined angular position  
has been achieved.